

Vegan/Vegetarian – Wellness Your Way Menu

Juices, tinctures, tonics and free flow organic sparkling wine and non-alcoholic sparkling are available inside Fresh Restaurant. Please browse our cold buffet inside and our hot buffet in East restaurant. Visit our Wellness Pancake station for a selection of vegan waffles, crepes and pancakes cooked to order and topped with your choice of garnishes.

BREAKFAST YOUR WAY

Vege Amilla Tomato, mushroom, baked beans, meatless sausage. *Optional fried egg*

Coconut Mushroom Beetroot sour dough, coconut cream, savory yeast. *Optional poached egg*

Smashed Pea Avocado Smashed peas avocado, spring onions sour dough *Optional poached egg*

Green Eggs & White Egg white omelette, spinach, asparagus, rocket, green beans *vegetarian*

Chorizo Omelette Spinach, spring onion, white onion, chorizo, cheddar cheese

Tofu Shakshuka Scrambled tofu, tomato, fowl madamas, pita bread

Masala Omelette Chilli, onion, tomato, coriander, vegetable curry, paratha, yoghurt *vegetarian*

Tofu Scramble Tofu, coconut, chilli, kopi leaves, onion, chapatti

Avocado Poke Bowl Rice, coconut, kulha fila, avocado, pumpkin

Vegetable Curry Bowl Daily changing curry, rice, chapatti

Quinoa Sambal Coconut sambal, onion, spicanch

Coconut Porridge Oats, coconut milk, fruit

Vegan Homemade@Amilla Nutella

Commercially made Nutella contains palm oil which is a leading contributor to deforestation in South East Asia. This deforestation is attributed to increase greenhouse gases and the near extinction of the Sumatran Tiger and the Orangutan.

COFFEE

Espresso, Ristretto, Macchiatto
Café latte, Cappucino, Americano

TEA

English Breakfast, Earl Grey, Green
Jasmine Green, Peppermint, Masala Chai

Low Carb/Keto/Paleo – Wellness Your Way Menu

Juices, tinctures, tonics and free flow organic sparkling wine and non-alcoholic sparkling are available inside Fresh Restaurant. Please browse our cold buffet inside and our hot buffet in East restaurant.

BREAKFAST YOUR WAY

Full Amilla Fried egg, Dingley Dell bacon, pork sausage, mushroom *Optional tomato*

Creamy Thyme Mushroom Thyme, poached egg, almond flaxseed roll

Smashed Pea Avocado Smashed peas avocado, almond flaxseed roll, poached egg

Eggs Benedict Hollandaise, poached eggs, home grown Malabar spinach, black forest ham

Eggs Royale Hollandaise, poached eggs, home grown Malabar spinach, NZ King smoked salmon

Eggs Comte Scrambled eggs, comte cheese, pork ham, spring onion

Green Eggs & White Egg white omelette, spinach, asparagus, rocket, green beans

Chorizo Omelette Spinach, spring onion, white onion, chorizo, cheddar cheese

Shakshuka Scrambled egg, tomato, fowl madamas, pita bread *low carb*

Maldivian Breakfast Fried egg, tuna, coconut, chili, kopi leaves, onion

Eggs Your Way Fried, scrambled, poached, boiled, omelette

Homemade@Amilla Nutella

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COFFEE

Espresso, Ristretto, Macchiatto

Café latte, Cappucino, Americano

TEA

English Breakfast, Earl Grey, Green

Jasmine Green, Peppermint, Masala Chai

Gluten Free – Wellness Your Way Menu

Juices, tinctures, tonics and free flow organic sparkling wine and non-alcoholic sparkling are available inside Fresh Restaurant. Please browse our cold buffet inside and our hot buffet in East restaurant. Visit our Wellness Pancake station for a selection of gluten free waffles, crepes and pancakes cooked to order and topped with your choice of garnishes

BREAKFAST YOUR WAY

Full Amilla Fried egg, Dingley Dell bacon, pork sausage, tomato, mushroom, baked beans

Creamy Thyme Mushroom Gluten free bread, thyme, poached egg

Smashed Pea Avocado Smashed peas avocado, gluten free bread *Add poached egg*

Eggs Benedict Hollandaise, poached eggs, home grown Malabar spinach, black forest ham

Eggs Royale Hollandaise, poached eggs, home grown Malabar spinach, NZ King smoked salmon

Eggs Comte Scrambled eggs, comte cheese, pork ham, spring onion

Green Eggs & White Egg white omelette, spinach, asparagus, rocket, green beans

Chorizo Omelette Spinach, spring onion, white onion, chorizo, cheddar cheese

Shakshuka Scrambled egg, tomato, fowl madamas, pita bread

Masala Omelette Chilli, onion, tomato, coriander, vegetable curry, paratha, yoghurt

Maldivian Breakfast Fried egg, tuna, coconut, chili, kopi leaves, onion

Maldivian Poke Bowl Rice, coconut, kulha fila, marinated tuna, pumpkin

Eggs Your Way Fried, scrambled, poached, boiled, omelette

Homemade@Amilla Nutella

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COFFEE

Espresso, Ristretto, Macchiatto

Café latte, Cappucino, Americano

TEA

English Breakfast, Earl Grey, Green

Jasmine Green, Peppermint, Masala Chai

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BREAKFAST YOUR WAY

Full Amilla Fried egg, Dingley Dell bacon, pork sausage, tomato, mushroom, baked beans

Creamy Thyme Mushroom Beetroot sour dough, thyme, poached egg

Smashed Pea Avocado Smashed peas avocado, spring onions sour dough *Add poached egg*

Eggs Benedict Hollandaise, poached eggs, home grown Malabar spinach, black forest ham

Eggs Royale Hollandaise, poached eggs, home grown Malabar spinach, NZ King smoked salmon

Green Eggs & White Egg white omelette, spinach, asparagus, rocket, green beans

Chorizo Omelette Spinach, spring onion, white onion, chorizo, cheddar cheese

Shakshuka Scrambled egg, tomato, fowl madamas, pita bread

Masala Omelette Chilli, onion, tomato, coriander, vegetable curry, paratha

Maldivian Breakfast Fried egg, tuna, coconut, chili, kopi leaves, onion, chapatti

Maldivian Poke Bowl Rice, coconut, kulha fila, marinated tuna, pumpkin

Eggs Your Way Fried, scrambled, poached, boiled, omelette

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