



## JAVVU SPA MENU

OPENING HOURS 9:00AM TO 8.00PM

	MINUTES	USD
<b>DHIVEHI BEYS – MALDIVIAN HERBAL MEDICINE</b>		
<b>THAMBURU AND MIRIHI</b>	60	175
Revitalize with a detox and pain-relieving back treatment using Maldivian herb paste for anti-inflammatory relief.	90	215
<b>MASGULHA FILUVA BEYS</b>	90	215
Induce deep muscle relaxation with our spice-infused oil and bamboo cane massage, ideal for active individuals and athletes.	120	255
<b>KAASHI THEYO</b>	60	175
Experience deep relaxation with our Maldivian coconut shell massage, using warm coconut oil for healing and rejuvenation.	90	215
<b>JAVVU SIGNATURE EXPERIENCES</b>		
<b>STARLIT ROMANCE</b>	90	550
Signature Couple Experience: Holistic massage under the stars with a local herb blend and algae face mask for deep skin hydration. Available 7:00pm–8:30pm, weather permitting.		

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<b>SPICE WARMING SCRUB</b> Maldivian spice scrub for improved circulation and a warm sensation. Includes a soothing facial ritual.	60	155
<b>PINK SAND ENERGIZING SCRUB</b> Revitalize with essential oil and mineral salt exfoliation, followed by a nourishing shea butter massage.	60	155
<b>SUN RESCUE</b> Soothe sunburn with Aloe Vera mist, a cool body wrap with coconut yogurt, cucumber paste, and a scalp massage.	60	155
<b>DETOX BODY MASQUE</b> Detox, firm, and cool with a natural blend stimulating toxin elimination, best paired with a scrub and massage.	60	155
<b>MASSAGE THERAPY</b>		
<b>INTUITIVE AROMA MASSAGE</b> Skilled therapists will scan your body and instinctively identify areas in need of care and special attention, blending a personalized mix of essential oils.	60 90 120	155 195 235
<b>DEEP TISSUE MASSAGE</b> Slow firm pressure is applied throughout the body to release aches and tension, focusing on the deeper layers of muscles and fascia.	60 90	175 215
<b>HOT STONE THERAPY</b> To treat muscle stiffness faster and deeper, warm basalt stones and customized massage techniques provide an instant deep release.	90 120	215 255
<b>BALINESE MASSAGE</b> An exquisite massage that combines flowing palm strokes, gentle stretching, and acupressure points.	60 90	155 195
<b>THAI STRETCH DRY MASSAGE</b> An ancient healing tradition that combines targeted acupressure, stimulation of energy lines, assisted stretches and yoga postures.	90	215
<b>LYMPHATIC DRAINAGE</b> Gentle pressure and rhythmic movements eliminate toxins, relieving post-flight leg fatigue.	60	155
<b>CELLULITE MASSAGE</b> Targeted massage to areas of concern using nutrient oils and active lotion to smooth and treat cellulite. Can be combined with body scrub for best result.	60	175
<b>MATERNITY MASSAGE</b> A massage to celebrate nature's greatest miracle. Specialized techniques, dedicated positions and a host of mutual benefits for mother and bump.	60 90	155 195
<b>FOOT REFLEXOLOGY</b> Ancient reflexology brings a wave of wellness, ushering in new energy for the body.	60	155

Prices are in US Dollars and are subject to a 10% service charge and 16% TGST.  
 Please book with your Katheeb(a) or contact Javvu Spa reception.

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<b>ADD ON</b> To any spa treatment		
<b>PURE OXYGEN REJUVENATION</b> Pure oxygen is infused on the skin with a highly concentrated hyaluronic acid serum.	15	40
<b>EYE REVIVER</b> A boost of energy and vitality to tired, puffy eyes, giving you a glowing eye contour.	15	40
<b>INSTANT LIFTING MASSAGE</b> Advanced massage strokes create an immediate lifted contouring effect	15	40
<b>MINI FACIAL</b> Quick skin rejuvenation suitable for all skin types.	30	85
<b>BODY SCRUB</b> Choose from revitalizing coconut and coffee, warming Maldivian herbs, or	30	85
<b>BODY MASQUE</b> Natural detox blend to stimulate toxin elimination and boost overall well-being.	30	85
<b>MINI SPA</b> For children aged 12 years and below.		
<b>BODY MASSAGE</b> Relax and let that that hard day of fun and play be eased away.	30 60	75 135
<b>COCONUT SCRUB</b> Our gentle scrub is the perfect pampering treatment for the young delicate skin. Nourishing and yummy.	30	75
<b>MANICURE OR PEDICURE</b> Gentle nail care and a relaxing hand or foot massage leave hands or feet looking and feeling great. Nail polish is optional.	30	75
<b>KIDS' HAIRCUT</b>	30	45
<b>KIDS' YOGA</b> Beautiful classes teach stretching poses, stillness and mindfulness to develop and calm the body, mind, and heart.	30 45	65 80

	MINUTES	USD
<b>FACIAL REJUVENATION</b>		
<b>OXYGEN RENEWAL FACIAL</b> Med cosmetic treatment for enhanced cell regeneration using pioneering anti-ageing products and an Advanced Oxygen Concentrator for a brighter, fuller, firmer complexion.	90	225
<b>COLLAGEN PLUMPING FACIAL</b> Med cosmetic treatment using a 70% naturally soluble collagen solution for a youthful, strengthened, and elastic complexion.	90	225
<b>DEEP HYDRATION FACIAL</b> Organic, deeply hydrating, plumping and softening. This treatment uses botanicals to leave you with a velvety, glowing complexion	60	175
<b>REPAIR AND RECOVER FACIAL</b> Repair and restore with an organic botanical facial, ideal for sensitive skin and soothing after sun exposure.	60	175
<b>ANTI-AGING FACE MASSAGE</b>	45	145
<b>NAIL SPA</b>		
<b>SPA MANICURE</b> All hand treatments include nail shaping, cuticle conditioning, and a relaxing hand massage for smoother, perfectly polished nails	60	85
<b>SPA PEDICURE</b> The experience include warm soak with essential oils, scrub, complete nail care and a relaxing massage.	60	95
<b>SHELLAC MANICURE</b> For a long-wear look that resists sand and sea – this manicure includes shaping and filing with Shellac polish application.	60	95
<b>SHELLAC PEDICURE</b> Includes removing dead skin from the heels, scrub and moisturize before shaping, nail preparation and Shellac polish application.	60	95
<b>NAIL POLISH APPLCATION</b>	20	35
<b>SHELLAC REMOVAL</b>	45	35
<b>HAIR SPA</b>		
<b>ADVANCED NOURISH AND REPAIR</b> Intensively hydrating products condition the hair from the inside out. A micro-steamer and scalp massage ensure maximum penetration	75	125

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Please book with your Katheeb(a) or contact Javvu Spa reception.

## MOVEMENT AND PHYSICAL DEVELOPMENT

Led by resident yogi and therapist, Abhimanyu Singh, with over 15 years of expertise in yoga and intensive therapies from India's lineage of Yoga masters, we offer personalized guidance in diet, nutrition, breathing techniques, body alignment, fitness, and Naturopathy to achieve your wellness goals.

### WELLNESS FOR MEN PROGRAMMES

Personalised treatment plans meet individual tailored therapies or practices inclusive of personal fitness, detox therapies, breathwork, relaxation techniques, deep tissue massage, mind/body clarity, diet and nutrition specifically engineered for men and men's needs at any stage of life. Programmes are customised in duration. Please enquire directly with spa.

### YOGALATES

Yogalates merges Indian yoga with Pilates, offering enhanced mind-body awareness, strength, flexibility, and balance. Join our complimentary intro class or opt for one-on-one training or book your very own group class.

Individual private tuition	60	95
Group (priced per person)	60	65

### HATHA AND ASHTANGA YOGA

Hatha yoga combines physical practice, meditation, and breathwork for holistic health, while Ashtanga yoga integrates all 8 limbs of yoga for intensive practice and spiritual growth.

Individual private tuition	60	95
Group (priced per person)	60	65

### AQUA YOGA

Aqua yoga offers a low-impact way to enjoy yoga, providing joint relief and muscle resistance, all in the comfort of your private villa.

Individual private tuition	60	95
Group (priced per person)	60	65

### PERSONAL FITNESS TRAINING AND BOOT CAMPS

Meet at our Jungle gym, Cardio and strength studios to kick start your very own boot camp or register and join one of our boot camp activities.

Individual private PT session	60	95
Group (priced per person)	60	65

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<b>FOR LADIES</b>		
WASH AND BLOW DRY	45	65
HAIR CUT / TRIMMING	60	45
WASH, HAIRCUT AND BLOW DRY	90	85
WASH, BLOW DRY AND STYLING	90	95
WASH, BLOW DRY WITH UPDO HAIRSTYLE	90	120
<b>FOR GENTLEMEN</b>		
TRADITIONAL WET SHAVE	20	50
WASH AND HAIR CUT	45	45

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## SPA ETIQUETTE

### APPOINTMENTS

Contact Javvu spa reception for assistance in selecting treatments to fulfil your personal requirements. To ensure availability, advance bookings are highly recommended. To make your appointment, ask your Katheeb/a or visit us.

### HEALTH

Our mission is to ensure you have the best possible spa experience: your health is a top priority and we encourage you to inform our team about any medical conditions that may affect your treatments.

### VALUABLES

Kindly leave all jewellery and valuables in your villa. We will do our very best to look after your belongings, however we will not assume any liability for lost or damaged valuables.

### ATTIRE

Javvu spa is all about comfort: wear what makes you feel good and slip into our robe and slippers as you arrive. We provide disposable underwear for spa and body treatments.

### ARRIVAL

Start your restorative journey at Javvu spa with a touch of bliss and relaxation. We recommend you arrive 15 - 30 minutes prior to your appointment to enjoy the quietness of the wellness area. Please be advised that late arrival may result in a reduction of the duration of your treatment.

### CANCELLATIONS

To reschedule or cancel your spa appointment, kindly notify us in advance. Any service cancelled or re-scheduled less than 4 hours prior to the appointment will incur a 100% cancellation fee. We are grateful for your understanding.

### AGE REQUIREMENTS

For guests under the age of 16, access to spa facilities (gym, jungle gym and wellness area) is allowed only under the supervision of an adult. For guests under the age of 12, please consult the kid's spa treatment menu.