

Amilla  
MALDIVES



## JAVVU SPA MENU

OPENING HOURS 9:00AM TO 8.00PM

	MINUTES	USD
<b>DHIVEHI BEYS – MALDIVIAN HERBAL MEDICINE</b>		
<b>THAMBURU AND MIRIHI</b>		
Revitalize with a detox and pain-relieving back treatment using Maldivian herb paste for anti-inflammatory relief.	60	175
	90	215
<b>MASGULHA FILUVA BEYS</b>		
Induce deep muscle relaxation with our spice-infused oil and bamboo cane massage, ideal for active individuals and athletes.	90	215
	120	255
<b>KAASHI THEYO</b>		
Experience deep relaxation with our Maldivian coconut shell massage, using warm coconut oil for healing and rejuvenation.	60	175
	90	215
<b>SIGNATURE EXPERIENCE</b>		
<b>STARLIT ROMANCE (FOR COUPLE)</b>		
Immerse yourselves in a serene, under-the-stars holistic massage, enhanced with a nourishing blend of local herbs and a hydrating algae face mask to revitalise your skin. Available from 7:00pm to 8:30pm, subject to weather conditions.	90	550 per couple

Prices are in US Dollars and are subject to a 10% service charge and 16% TGST.  
Please book with your Katheeb(a) or contact Javvu Spa reception.

	MINUTES	USD
<b>MASSAGE THERAPY</b>		
<b>INTUITIVE AROMA MASSAGE</b>		
Skilled therapists will scan your body and instinctively identify areas in need of care and special attention, blending a personalized mix of essential oils.	60	155
	90	195
	120	235
<b>DEEP TISSUE MASSAGE</b>		
Slow firm pressure is applied throughout the body to release aches and tension, focusing on the deeper layers of muscles and fascia.	60	175
	90	215
<b>HOT STONE THERAPY</b>		
To treat muscle stiffness faster and deeper, warm basalt stones and customized massage techniques provide an instant deep release.	90	215
	120	255
<b>BALINESE MASSAGE</b>		
An exquisite massage that combines flowing palm strokes, gentle stretching, and acupressure points.	60	155
	90	195
<b>THAI STRETCH DRY MASSAGE</b>		
An ancient healing tradition that combines targeted acupressure, stimulation of energy lines, assisted stretches and yoga postures.	90	215
<b>LYMPHATIC DRAINAGE</b>		
Gentle pressure and rhythmic movements eliminate toxins, relieving post-flight leg fatigue.	60	155
<b>CELLULITE MASSAGE</b>		
Targeted massage to areas of concern using nutrient oils and active lotion to smooth and treat cellulite. Can be combined with body scrub for best result.	60	175
<b>MATERNITY MASSAGE</b>		
A massage to celebrate nature's greatest miracle. Specialized techniques, dedicated positions and a host of mutual benefits for mother and bump.	60	155
	90	195
<b>FOOT REFLEXOLOGY</b>		
Ancient reflexology brings a wave of wellness, ushering in new energy for the body. youthful, strengthened, and elastic complexion.	60	155
<b>FACIAL REJUVENATION</b>		
<b>OXYGEN RENEWAL FACIAL</b>		
Med cosmetic treatment for enhanced cell regeneration using pioneering anti-ageing products and an Advanced Oxygen Concentrator for a brighter, Fuller, firmer complexion.	90	225
<b>COLLAGEN PLUMPING FACIAL</b>		
Med cosmetic treatment using a 70% naturally soluble collagen solution for a youthful, strengthened, and elastic complexion.	90	225
<b>DEEP HYDRATION FACIAL</b>		
Organic, deeply hydrating, plumping and softening. This treatment uses botanicals to leave you with a velvety, glowing complexion.	60	175

Prices are in US Dollars and are subject to a 10% service charge and 16% TGST.  
Please book with your Katheeb(a) or contact Javvu Spa reception.

	MINUTES	USD
<p><b>REPAIR AND RECOVER FACIAL</b> Repair and restore with an organic botanical facial, ideal for sensitive skin and soothing after sun exposure.</p>	60	175
<p><b>ANTI-AGING FACE MASSAGE</b> Repair and restore with an organic botanical facial, ideal for sensitive skin and soothing after sun exposure.</p>	45	145
<p><b>BODY THERAPY</b></p>		
<p><b>BACK RELIEF</b> The perfect remedy to aches and pains, this massage refreshes and strengthens muscles in the neck, shoulders and back.</p>	60	155
<p><b>SHINE REVITALIZING SCRUB</b> Glow with a gentle coconut and coffee scrub for radiant skin. Ideal for sensitive skin, pre-tanning. Concludes with a mini facial cleansing ritual.</p>	60	155
<p><b>SPICE WARMING SCRUB</b> Maldivian spice scrub for improved circulation and a warm sensation. Includes a soothing facial ritual.</p>	60	155
<p><b>PINK SAND ENERGIZING SCRUB</b> Revitalize with essential oil and mineral salt exfoliation, followed by a nourishing shea butter massage.</p>	60	155
<p><b>SUN RESCUE</b> Soothe sunburn with Aloe Vera mist, a cool body wrap with coconut yogurt, cucumber paste, and a scalp massage.</p>	60	155
<p><b>DETOX BODY MASQUE</b> Detox, firm, and cool with a natural blend stimulating toxin elimination, best paired with a scrub and massage.</p>	60	155
<p><b>ADD ON</b> To any spa treatment</p>		
<p><b>PURE OXYGEN REJUVENATION</b> Pure oxygen is infused on the skin with a highly concentrated hyaluronic acid serum.</p>	15	40
<p><b>EYE REVIVER</b> A boost of energy and vitality to tired, puffy eyes, giving you a glowing eye contour.</p>	15	40
<p><b>INSTANT LIFTING MASSAGE</b> Advanced massage strokes create an immediate lifted contouring effect.</p>	15	40
<p><b>CRYSTAL CONTOURING MASSAGE</b> Quartz stones and pink jade rollers are used to oxygenate and de-puff.</p>	30	85
<p><b>MINI FACIAL</b> Quick skin rejuvenation suitable for all skin types.</p>	30	85

Prices are in US Dollars and are subject to a 10% service charge and 16% TGST.  
Please book with your Katheeb(a) or contact Javvu Spa reception.

	MINUTES	USD
<b>BODY SCRUB</b> Choose from revitalizing coconut and coffee, warming Maldivian herbs, or energizing mineral salt scrub.	30	85
<b>BODY MASQUE</b> Natural detox blend to stimulate toxin elimination and boost overall well-being.	30	85
<b>BODY MASSAGE</b> Enhance your spa experience with additional massage targeting your preferred body part.	30	85
<b>BODY AND MIND HEALING – SENSORA LIGHT THERAPY</b>		
<b>CHROMOTEST</b> Colour test identifies your current mental needs. Our team interprets results, and Sensora software tailors a brief session to meet those needs.	10	30
<b>RELAX</b>		
<b>AQUALIGHT</b> A soft, delicate and deep session based on the water element and shimmering blue tones.	25	75
<b>NIGHT LIGHT</b> Powerful Delta brainwave session for insomnia relief and trauma recovery.	25	75
<b>BALANCE</b>		
<b>RAINBOWS</b> Balanced colour bath for overall harmony with the full spectrum of colours.	5 20	15 60
<b>QUANTIC DREAM</b> Relaxing and energizing blend for a restful mind, ending with a powerful 'brain reset'.	10	30
<b>LIGHT WAVES</b> Float in the ocean's lightness, dive into the world of dolphins and whales. Colours evoke the richness of the underwater coral world.	25	75
<b>ENERGY</b>		
<b>CHAKRA JOURNEY</b> Balanced colour bath for overall harmony with the full spectrum of colours.	25	75
<b>RESTORING FIBONNACI</b> Unique session based on Fibonacci's series brings body balance, fights jetlag, and aids long-haul travel.	25	75
<b>RAINBOW BODY</b> A transformative journey in four phases, detoxifying the nervous system and supporting anxiety and depression treatment.	25	75

Prices are in US Dollars and are subject to a 10% service charge and 16% TGST.  
 Please book with your Katheeb(a) or contact Javvu Spa reception.

	MINUTES	USD
<b>BRAIN FOCUSED</b>		
<b>GAMMA SERIES</b>		
Tap into Gamma brainwaves for enhanced mental and physical performance, improving self-control, memory, cognitive function, and spiritual alertness.	10	30
<b>LATERAL LIGHTS THERAPY</b>		
Rebalance brain hemispheres individually, with a choice of relaxing or stimulating approaches.	10	30
<b>LATERAL LIGHTS THERAPY WITH GAMMA WAVES</b>		
Gamma brainwave boost with Dr. A.P. Chuprikov's brainwork. Choose mood elevation or relaxation/sleep aid.	10	30
<b>OSHO MEDITATIONS</b>		
<b>GAMMA SERIES THE INNER SMILE</b>		
Immerse in a colourful, uplifting experience, revealing your timeless inner smile.	25	75
<b>HANDS OF FREEDOM</b>		
Explore hand dancing, connecting hands and brain with light pulses and acoustic guitar for a harmonious experience.	25	75
<b>MINI SPA</b>		
For children aged 12 years and below		
<b>BODY MASSAGE</b>		
Relax and let that that hard day of fun and play be eased away.	30 60	75 135
<b>COCONUT SCRUB</b>		
Our gentle scrub is the perfect pampering treatment for the young delicate skin. Nourishing and yummy.	30	75
<b>MANICURE OR PEDICURE</b>		
Gentle nail care and a relaxing hand or foot massage leave hands or feet looking and feeling great. Nail polish is optional.	30	75
<b>KIDS' HAIRCUT</b>		
A fun and stylish haircut experience tailored for little ones, ensuring comfort and care.	30	45
<b>KIDS' YOGA</b>		
Beautiful classes teach stretching poses, stillness and mindfulness to develop and calm the body, mind, and heart.	30 45	65 80

	MINUTES	USD
<b>NAIL SPA</b>		
<b>SPA MANICURE</b> All hand treatments include nail shaping, cuticle conditioning, and a relaxing hand massage for smoother, perfectly polished nails.	60	85
<b>SPA PEDICURE</b> The experience include warm soak with essential oils, scrub, complete nail care and a relaxing massage.	60	95
<b>SHELLAC MANICURE</b> For a long-wear look that resists sand and sea, this manicure includes shaping and filing with Shellac polish application.	60	95
<b>SHELLAC PEDICURE</b> Includes removing dead skin from the heels, scrub and moisturize before shaping, nail preparation and Shellac polish application.	60	95
<b>NAIL POLISH APPLICATION</b>	20	35
<b>SHELLAC REMOVAL</b>	45	35
<b>HAIR TREATMENT</b>		
<b>ADVANCED NOURISH AND REPAIR</b> Intensively hydrating products condition the hair from the inside out. A micro-steamer and scalp massage ensure maximum penetration.	75	125
<b>FOR LADIES</b>		
<b>WASH AND BLOW DRY</b>	45	65
<b>HAIRCUT/TRIMMING</b>	60	45
<b>WASH, HAIRCUT AND BLOW DRY</b>	90	85
<b>WASH, BLOW DRY AND STYLING</b>	90	95
<b>WASH, BLOW DRY WITH UPDO HAIRSTYLE</b>	90	120
<b>FOR GENTLEMEN</b>		
<b>TRADITIONAL WET SHAVE</b>	20	50
<b>WASH AND HAR CUT</b>	45	45
<b>SCALP SHAVE</b>	30	40

Prices are in US Dollars and are subject to a 10% service charge and 16% TGST.  
Please book with your Katheeb(a) or contact Javvu Spa reception.

# SPA ETIQUETTE

## APPOINTMENTS

Contact Javvu spa reception for assistance in selecting treatments to fulfil your personal requirements. To ensure availability, advance bookings are highly recommended. To make your appointment, ask your Katheeb/a or visit us.

## HEALTH

Our mission is to ensure you have the best possible spa experience: your health is a top priority and we encourage you to inform our team about any medical conditions that may affect your treatments.

## VALUABLES

Kindly leave all jewelry and valuables in your villa. We will do our very best to look after your belongings, however we will not assume any liability for lost or damaged valuables.

## ATTIRE

Javvu spa is all about comfort: wear what makes you feel good and slip into our robe and slippers as you arrive. We provide disposable underwear for spa and body treatments.

## ARRIVAL

Start your restorative journey at Javvu spa with a touch of bliss and relaxation. We recommend you arrive 15 - 30 minutes prior to your appointment to enjoy the quietness of the wellness area. Please be advised that late arrival may result in a reduction of the duration of your treatment.

## CANCELLATIONS

To reschedule or cancel your spa appointment, kindly notify us in advance. Any service cancelled or re-scheduled less than 4 hours prior to the appointment will incur a 100% cancellation fee. We are grateful for your understanding.

## AGE REQUIREMENTS

For guests under the age of 16, access to spa facilities (gym, jungle gym and wellness area) is allowed only under the supervision of an adult. For guests under the age of 12, please consult the kid's spa treatment menu.