



# KATRINA VALENTE

**19 DECEMBER 2023 TO 19 JANUARY 2024**

With a strong belief that inner peace naturally radiates outer beauty, Katrina draws on her understanding of skincare and healing arts, creating uplifting facials that truly are an inner journey towards healing.

With over 20 years' experience in the field of beauty, anti ageing, fitness and wellness, she has become one of Dubai's top facialists and was recognized as one of the World's Top 5 Facialists by Harpers Bazaar.

## **BODY TREATMENTS**

### **RAINDROP MASSAGE**

Extremely powerful treatment proven to help realign the body's electro-magnetic field by using 9 organic essential oils incorporated in a 30 minutes back massage and 30 minutes foot reflexology.

*60 minutes \$330++*

### **MEDICAL LYMPHATIC DRAINAGE MASSAGE**

The perfect treatment to boost lymphatic system and drain excess water and toxins. Gentle, but methodical – more than one session may be needed for optimal results.

*60 minutes \$340++*

### **CHAKRA BALANCE TREATMENT**

A wonderful body massage to re-align chakras and bring balance - a color test is used to understand which Chakras are out of balance and oils are chosen accordingly. Both physical and emotional bodies are worked on, providing healing on all levels.

*60 minutes \$300++, 90 minutes \$395++*

### **DMK BODY ENZYME THERAPY**

A deep enzyme body mask that stimulates circulatory and lymphatic system – it is designed to be a firming treatment and is good for fluid retention, working towards a smoother, tighter-looking skin. 45 minutes application time is combined with a foot reflexology treatment, that further assists drainage and alleviates inflammation.

*75 minutes \$410++*

## FACIALS

### **RADIO FREQUENCY ULTRA FIRING FACIAL**

This radio-frequency system combined with vacuum suction detoxifies the lymphatic system and provides the skin with instant plumpness and tightening. The deep stimulation of blood flow and fresh oxygen will leave you with a great glow, ready for your special night!

*75 minutes \$410++*

### **DEEP TISSUE FACIAL MASSAGE**

This deep massage uses buccal techniques to massage your face, providing the ultimate release to signs of stress in the face and softening the muscles, giving an instant plump and glow to the skin. Vacuum suction techniques provide the best lifting results.

*60 minutes \$330++*

### **DMK FACELIFT**

This amazing natural triple enzyme layered mask gives an instant facelift. The enzymes harden on the skin and work their magic while you enjoy a wonderful foot reflexology massage!

*75 minutes \$440++*

### **TIMELINE REGRESSION THERAPY**

This therapy resolves a problem at its core relieving you of the burden. Giving you peace of mind and acceptance. It takes you back to the very first time you experienced this problem so you can understand it and let go.

*90 minutes \$370++*

## HEALING THERAPIES

### **MIRACLE METHOD**

This revolutionary energy treatment harnesses the power of the subconscious mind to clear blocks that stop you moving forward in your life be it career, health, relationship or finances. Profound changes are experienced after only one treatment.

*60 minutes \$290++, 90 minutes \$390++*

### **KATRINA'S BESPOKE HEALING THERAPY**

Using a mode of different modalities including hands on healing, breath work and clearing of negative energies this opens the heart to heal on all levels—Extremely liberating.

*60 minutes \$290++, 90 minutes \$380++*

### **TAROT, ANGEL & ORACLE CARD READINGS**

Relationship, career, health – looking at what you need answers to right now, this sessions will help you find solutions to the problems and will guide you to overcome the obstacles you are facing. More than a reading, it is a coaching session with the support of the tarot cards.

*50 minutes \$310++*

### **RELATIONSHIP COACHING**

Relationships stem from people knowing who they are, regardless of one's relationship status. Katrina's specialty is to help you open up your heart to a new perspective on life and guiding couples who need to reconnect with each other.

*90 minutes \$390++*